



ROYAL OAK SCHOOLS

A COMMUNITY OF EXCELLENCE

Royal Oak Middle School in partnership with Royal Oak Youth Assistance presents:

A PARENTING WORKSHOP SERIES

Five exciting evenings to share with other parents finding ways to encourage, embrace and enjoy our children.

• **PARENTS ONLY** •
• FREE LIGHT DINNER • FREE BABYSITTING •

PRE-REGISTER FOR THIS FREE EVENT NOW!

CALL ROYAL YOUTH ASSISTANCE AT 248-546-8282 OR REGISTER VIA EMAIL: TAMMYRISTAU@YAHOO.COM

The Parenting Series will be held in ROMS Gathering Place. Babysitting will be provided if you register by Sept. 30.

6:15 pm

6:30 pm to 7 pm

7 pm to 8:30 pm

Doors Open - Children may be dropped off at babysitting area.

A light dinner will be served in the Gathering Place for parents.

Facilitator Tobi Russell will move us into our discussions.

Save These Dates:

OCT
3

Week 1 - Parental Resilience and Self-Care

We will identify our support systems and develop self-care activities so that we can take better care of our children.

NOV
21

Week 2 - The Ties that Bind: Social Connections

We will share our experience of successes and missteps with our children, learn how to break down parent isolation, and discuss the importance of knowing our children's friends.

JAN
23

Week 3 - The ABCs of Child Development

We will explore developmental stages as they relate to emerging behavior, discuss parenting styles, and share ideas regarding discipline.

FEB
13

Week 4 - It Takes A Village: Community Resources

We will learn about community services in our area that can help with food, shelter, transportation, substance abuse or mental health needs. Parents will leave with a list of helpful resources.

MAR
20

Week 5 - Planting the Seeds of Social & Emotional Development

We will explore ways to guide children as they learn social and emotional skills and deal with the increased focus on peer relationships that middle school brings.



ROYAL OAK
Strengthening Families Through
Community Involvement

Royal Oak Youth Assistance

1601 N. Campbell Rd. • Royal Oak, MI 48067 • 248-546-8282